2A

100 Meter Hurdles	14.70	Jessica Zatica	Homedale	1999
300 Meter Hurdles	44.22	Jessica Zatica	Homedale	2000
4 x 100 Meter Relay	50.71		Homedale	2003
4 x 200 Meter Relay	1:45.02		Nampa Christian	2008
4 x 400 Meter Relay	4:03.76		Sugar-Salem	1986
Medley Relay	1:50.48		Nampa Christian	2002
100 Meter Dash	12.37	Ellen Rouse	Orofino	2008
200 Meter Dash	25.22	Ellen Rouse	Orofino	2008
400 Meter Dash	55.98	Danielle Pridgen	Nampa Christian	2000
800 Meter Run	2:13.91	Danielle Pridgen	Nampa Christian	2001
1600 Meter Run	5:11.92	Kristin Galbraith	Sugar-Salem	1987
3200 Meter Run	10:55.19	Angie Mathison	Highland	1993
Pole Vault	11-09	Chelsea Barr	Nampa Christian	2009
High Jump	5-10.00	Karrie Sue Bates	Murtaugh	1979
Long Jump	18-10.50	Kirsten Jensen	Kendrick	1983
Triple Jump	39-02.50	Jessica Zatica	Homedale	2000
Shot Put	43-01.75	Piper Hope	Orofino	2001
Discus	142-10.00	Piper Hope	Orofino	2001

1A

100 Meter Hurdles	15.40	Darcy Collins	Kootenai	2005
300 Meter Hurdles	45.57	Darcy Collins	Kootenai	2005
4 x 100 Meter Relay	51.21		Troy	2008
4 x 200 Meter Relay	1:48.13		Troy	2009
4 x 400 Meter Relay	4:11.92		Lapwai	2008
Medley Relay	1:53.95		Raft River	1999
100 Meter Dash	12.60	Kim Smith	Raft River	1997
200 Meter Dash	25.68	Sally Hansen	Raft River	2009
400 Meter Dash	57.06	Debbie Ogden	Council	1995
800 Meter Run	2:18.00	Lena Walker	Cambridge	1997
1600 Meter Run	5:14.72	Becky Ward	Richfield	1995
3200 Meter Run	11:17.71	Becky Ward	Richfield	1994
Pole Vault	10-01.00	Alina Lunsfod	Cambridge	2000
High Jump	5-06.00	Darcy Collins	Kootenai	2006
Long Jump	18-1.75	Debbie Ogden	Council	1996
Triple Jump	36-9.75	Trista Christensen	Notus	1999
Shot Put	49-5.25	Hollie Tyler	Leadore	2001
Discus	154-04.00	Hollie Tyler	Leadore	2001

Overall

100 Meter Hurdles	14.45	Tia Lumpkin	Skyline	2006
300 Meter Hurdles	43.64	McKenzie Walton	Skyline	2004
4 x 100 Meter Relay	48.52		Lake City	2004
4 x 200 Meter Relay	1:42.61		Twin Falls	2005
4 x 400 Meter Relay	3:57.36		Capital	1986
4 x 800 Meter Relay	9:26.79	(Run by 5A's only)	Mountain View	2009
Medley Relay	1:46.87		Jerome	2000
100 Meter Dash	12.07	Julie Briggs	Highland	1989
200 Meter Dash	24.86	Julie Briggs	Highland	1988
400 Meter Dash	55.98	Danielle Pridgen	Nampa Christian	2000
800 Meter Run	2:13.91	Danielle Pridgen	Nampa Christian	2001
1600 Meter Run	4:59.45	Dana Morgan	Boise	2006
3200 Meter Run	10:51.28	Liz Brandon	Eagle	2009
Pole Vault	12-07.00	Julene Bailey	Skyview	2002
High Jump	6-01.00	Lisa Bernhagen	Wood River	1984
Long Jump	18-10.50	Kirsten Jensen	Kendrick	1983
Triple Jump	39-00.50	Jessica Zatica	Homedale	2000
Shot Put	49-05.25	Hollie Tyler	Leadore	2001
Discus	154-04.00	Hollie Tyler	Leadore	2001