

**Class A**

1971	Twin Falls	Leona Larson
1972	Twin Falls	Leona Larson
1973	Twin Falls	Leona Larson
1974	Emmett	James Bois
1975	Pocatello	Nancy Bealer

**Class B**

1971	Shoshone	Ed Sandy
1972	Butte County	Martha Koste
1973	Post Falls	Sherie Patano
1974	Camas County	Al Glanders
1975	Filer	Julie Astorquia

**5A**

1976	Twin Falls	Bill Ingram
1977	Borah	Rich Dickson
1978	Twin Falls	Bill Ingram
1979	Twin Falls	Bill Ingram
1980	Twin Falls	Bill Ingram
1981	Capital	Fred Corey
1982	Pocatello	Terry Brower
1983	Twin Falls	Jerry Kleinkopf
1984	Capital	Fred Corey
1985	Borah	Rich Dickson
1986	Meridian	Gary Gorrell
1987	Twin Falls	Duane Stands
1988	Capital	Fred Corey
1989	Highland	Ned Bell
1990	Highland	Ned Bell
1991	Coeur d'Alene	Donna Messenger
1992	Skyline	Gary Gernant
1993	Skyline	Gary Gernant
1994	Pocatello	Darin White
1995	Pocatello	Darin White
1996	Pocatello	Darin White
1997	Eagle	Gary Gorrell
1998	Boise	Tony English
1999	Jerome	Mike Miller
2000	Skyview	Al Stout
2001	Minico	Steve Haugeberg
2002	Eagle	Gary Gorrell
2003	Lake City	Kelly Reed
2004	Lake City	Kelly Reed
2005	Borah	Chester Grey
2006	Borah	Chester Grey
2007	Borah	Chester Grey
2008	Borah	Chester Grey
2009	Eagle	Greg Harm

**4A**

2001	Jerome	Elmer Musgrave
2002	Jerome	Elmer Musgrave
2003	Century	Layne Coffin
2004	Bishop Kelly	Joanne Gunther
2005	Emmett	Gary Warren
2006	Moscow	Dean Walker
2007	Rigby	James Parrish
2008	Rigby	James Parrish
2009	Rigby	James Parrish

**3A**

1976	Weiser	Tim Schlenvogt
1977	Jerome	John Andrew
1978	Jerome	John Andrew
1979	Jerome	John Andrew
1980	Jerome	John Andrew
1981	Emmett	Jim Bois
1982	Jerome	John Andrew
1983	Emmett	Jim Bois
1984	Kuna	Gerry Nutt
1985	Kellogg	Mary J. Hinkemeyer
1986	Kuna	Gerry Nutt
1987	Kuna	Gerry Nutt
1988	Kuna	Gerry Nutt
1989	Kuna	Gerry Nutt
1990	Weiser	John Srholec
1991	Jerome	John Andrew

1992	Moscow	Mike Wear
1993	Kuna	Dave Kerby
1994	Bishop Kelly	Joanne Gunther
1995	Kuna	Randale Brothers
1996	Kuna	Randale Brothers
1997	Emmett	Jim Bois
1998	Jerome	Mike Miller
1999	Bishop Kelly	Joanne Gunther
2000	Bishop Kelly	Joanne Gunther
2001	Declo	Melvin Darrington
2002	Lakeland	Lee Libera
2003	Snake River	Thal Wright
2004	Bonnors Ferry	George Hays
2005	Priest River	Jared Hughes
2006	Middleton	Bill Brock
2007	Sugar-Salem	John Berry
2008	Sugar-Salem	Jensen / Powell
2009	Buhl	Andrew Moretto

**2A**

1976	Melba	Joann Salisbury
1977	Prairie	Robert Gent
1978	Prairie	Doug Clark
1979	Melba	Joann Salisbury
1980	Melba	David Mangum
1981	Wendell	Yogi Behrens
1982	Kamiah	Dan Wilson
1983	Nampa Christian	Cecil Campbell
	Sugar-Salem	Robert Campbell
1984	Nampa Christian	Cecil Campbell
1985	Sugar-Salem	Robert Campbell
1986	Sugar-Salem	Nyle Garn
1987	Kamiah	Bob Squires
1988	Kamiah	Bob Squires
1989	Kamiah	Bob Squires
1990	Carey	Vernon Jolley
1991	Carey	Vernon Jolley
1992	Carey	Vernon Jolley
1993	McCall-Donnelly	Kathy Deinhardt-Hill
1994	Ririe	Burke Christensen
1995	McCall-Donnelly	Kathy Deinhardt-Hill
1996	Grangeville	Gail Foltz
1997	Firth	Brett Hill/Stewart Portella
1998	Firth	Brett Hill/Stewart Portella
1999	Nampa Christian	Lorri Greene
2000	Nampa Christian	Lorri Greene
2001	Nampa Christian	Lorri Greene
2002	Nampa Christian	Lorri Bieda
2003	Firth	Brett Hill/Stewart Portella
2004	Firth	Brett Hill/Stewart Portella
2005	Nampa Christian	Eric Lacy
2006	Nampa Christian	Eric Lacy
2007	Nampa Christian	Eric Lacy
2008	Nampa Christian	Eric Lacy
2009	Nampa Christian	Eric Lacy

**1A**

1993	Highland	Tracy Behler
1994	Carey/Richfield	Vern Jolley/Jim Thomas
1995	Nampa Christian	Cecil Campbell
1996	Carey	Vern Jolley
1997	Raft River	Cleta Whitaker
1998	Raft River	Cleta Whitaker
1999	Raft River	Cleta Whitaker
2000	Raft River	Cleta Whitaker
2001	Raft River	Cleta Whitaker
2002	Kootenai	Shannon LaFontaine
2003	Kootenai	Shannon LaFontaine
2004	Kootenai	Shannon LaFontaine
2005	Kootenai	Shannon LaFontaine
2006	Kootenai	Shannon LaFontaine
2007	Prairie	Ryan Hasselstrom
2008	Coeur d'Alene Charter	Lewis Watkins
2009	Camas County	Candice Smith

# girls' state track records

## 5A

100 Meter Hurdles	14.45	Tia Lumpkin	Skyline	2006
300 Meter Hurdles	43.64	McKenzie Walton	Skyline	2004
4 x 100 Meter Relay	48.52		Lake City	2004
4 x 200 Meter Relay	1:42.61		Twin Falls	2005
4 x 400 Meter Relay	3:57.36		Capital	1986
4 x 800 Meter Relay	9:26.79		Mountain View	2009
Medley Relay	1:46.87	(not run after 2008)	Jerome	2000
100 Meter Dash	12.07	Julie Briggs	Highland	1989
200 Meter Dash	24.86	Julie Briggs	Highland	1988
400 Meter Dash	56.39	Kristie Bergeson	Borah	1986
800 Meter Run	2:14.66	Breanna Sande	Lake City	2005
1600 Meter Run	4:59.45	Dana Morgan	Boise	2006
3200 Meter Run	10:51.28	Liz Brandon	Eagle	2009
Pole Vault	12-06	Anneise Bertleson	Borah	2005
High Jump	5-10.00	Corissa Yasen	Coeur d'Alene	1991
Long Jump	18-10.25	Macie Miller	Twin Falls	1983
Triple Jump	38-05.00	Dana Cowen	Twin Falls	1987
Shot Put	45-08.00	Lisa White	Skyline	1988
Discus	148-07.00	Lisa White	Skyline	1988

## 4A

100 Meter Hurdles	14.99	Delaney Fox	Wood River	2009
300 Meter Hurdles	44.17	Camille Reynolds	Lakeland	2009
4 x 100 Meter Relay	49.71		Kuna	2004
4 x 200 Meter Relay	1:44.55		Mountain Home	2009
4 x 400 Meter Relay	4:00.98		Bishop Kelly	2003
Medley Relay	1:49.61		Bishop Kelly	2004
100 Meter Dash	12:47	Nataucha Lowry	Vallivue	2005
200 Meter Dash	25.28	Nataucha Lowry	Vallivue	2005
400 Meter Dash	57.17	Nataucha Lowry	Vallivue	2005
800 Meter Run	2:14.30	Jackie Carter	Bishop Kelly	2004
1600 Meter Run	5:00.18	Bethany McInturf	Century	2008
3200 Meter Run	11:15.9h	Jennifer McPherson	Skyview	2002
Pole Vault	12-07	Julene Bailey	Skyview	2002
High Jump	5-07.00	Diana Blauer	Burley	2008
Long Jump	18-02.75	Jordan Cornelison	Rigby	2007
Triple Jump	37-02.50	Terissa Sparks	Pocatello	2007
Shot Put	43-10.50	Kelsey Taylor	Moscow	2006
Discus	153-09.00	Sarah Cardinal	Blackfoot	2006

## 3A

100 Meter Hurdles	14.99	Sally Vail	Vallivue	1997
300 Meter Hurdles	44.57	Sally Vail	Vallivue	1995
4 x 100 Meter Relay	49.53		Kuna	1995
4 x 200 Meter Relay	1:44.10		Snake River	2003
4 x 400 Meter Relay	4:05.93		Priest River	2008
Medley Relay	1:51.24		Bishop Kelly	2000
100 Meter Dash	12.31	Kara Hatch	Shelley	1983
200 Meter Dash	25.14	Lisa Bernhagen	Wood River	1984
400 Meter Dash	57.37	Tina McCombs	Kuna	1984
800 Meter Run	2:17.45	Karen Packham	Kuna	1987
1600 Meter Run	5:08.46	Ellen Lyons	Bishop Kelly	1980
3200 Meter Run	10:56.80	Ellen Lyons	Bishop Kelly	1980
Pole Vault	11-00	Tennly Bowden	Payette	2006
High Jump	6-01.00	Lisa Bernhagen	Wood River	1984
Long Jump	18-08.50	Tina McCombs	Kuna	1983
Triple Jump	37-05.00	Belinda Hogan	Salmon	1992
Shot Put	44-03.75	Heather Owen	Moscow	1993
		Katie Posten	Bonnors Ferry	2005
Discus	149-03.00	Katie Posten	Bonnors Ferry	2006

**2A**

100 Meter Hurdles	14.70	Jessica Zatica	Homedale	1999
300 Meter Hurdles	44.22	Jessica Zatica	Homedale	2000
4 x 100 Meter Relay	50.71		Homedale	2003
4 x 200 Meter Relay	1:45.02		Nampa Christian	2008
4 x 400 Meter Relay	4:03.76		Sugar-Salem	1986
Medley Relay	1:50.48		Nampa Christian	2002
100 Meter Dash	12.37	Ellen Rouse	Orofino	2008
200 Meter Dash	25.22	Ellen Rouse	Orofino	2008
400 Meter Dash	55.98	Danielle Pridgen	Nampa Christian	2000
800 Meter Run	2:13.91	Danielle Pridgen	Nampa Christian	2001
1600 Meter Run	5:11.92	Kristin Galbraith	Sugar-Salem	1987
3200 Meter Run	10:55.19	Angie Mathison	Highland	1993
Pole Vault	11-09	Chelsea Barr	Nampa Christian	2009
High Jump	5-10.00	Karrie Sue Bates	Murtaugh	1979
Long Jump	18-10.50	Kirsten Jensen	Kendrick	1983
Triple Jump	39-02.50	Jessica Zatica	Homedale	2000
Shot Put	43-01.75	Piper Hope	Orofino	2001
Discus	142-10.00	Piper Hope	Orofino	2001

**1A**

100 Meter Hurdles	15.40	Darcy Collins	Kootenai	2005
300 Meter Hurdles	45.57	Darcy Collins	Kootenai	2005
4 x 100 Meter Relay	51.21		Troy	2008
4 x 200 Meter Relay	1:48.13		Troy	2009
4 x 400 Meter Relay	4:11.92		Lapwai	2008
Medley Relay	1:53.95		Raft River	1999
100 Meter Dash	12.60	Kim Smith	Raft River	1997
200 Meter Dash	25.68	Sally Hansen	Raft River	2009
400 Meter Dash	57.06	Debbie Ogden	Council	1995
800 Meter Run	2:18.00	Lena Walker	Cambridge	1997
1600 Meter Run	5:14.72	Becky Ward	Richfield	1995
3200 Meter Run	11:17.71	Becky Ward	Richfield	1994
Pole Vault	10-01.00	Alina Lunsford	Cambridge	2000
High Jump	5-06.00	Darcy Collins	Kootenai	2006
Long Jump	18-1.75	Debbie Ogden	Council	1996
Triple Jump	36-9.75	Trista Christensen	Notus	1999
Shot Put	49-5.25	Hollie Tyler	Leadore	2001
Discus	154-04.00	Hollie Tyler	Leadore	2001

**Overall**

100 Meter Hurdles	14.45	Tia Lumpkin	Skyline	2006
300 Meter Hurdles	43.64	McKenzie Walton	Skyline	2004
4 x 100 Meter Relay	48.52		Lake City	2004
4 x 200 Meter Relay	1:42.61		Twin Falls	2005
4 x 400 Meter Relay	3:57.36		Capital	1986
4 x 800 Meter Relay	9:26.79	(Run by 5A's only)	Mountain View	2009
Medley Relay	1:46.87		Jerome	2000
100 Meter Dash	12.07	Julie Briggs	Highland	1989
200 Meter Dash	24.86	Julie Briggs	Highland	1988
400 Meter Dash	55.98	Danielle Pridgen	Nampa Christian	2000
800 Meter Run	2:13.91	Danielle Pridgen	Nampa Christian	2001
1600 Meter Run	4:59.45	Dana Morgan	Boise	2006
3200 Meter Run	10:51.28	Liz Brandon	Eagle	2009
Pole Vault	12-07.00	Julene Bailey	Skyview	2002
High Jump	6-01.00	Lisa Bernhagen	Wood River	1984
Long Jump	18-10.50	Kirsten Jensen	Kendrick	1983
Triple Jump	39-00.50	Jessica Zatica	Homedale	2000
Shot Put	49-05.25	Hollie Tyler	Leadore	2001
Discus	154-04.00	Hollie Tyler	Leadore	2001