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BULLETIN

August 2010

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SYNOPSIS OF IHSAA BOARD MEETING

Synopsis of the August Board of Directors meeting is available on the web site: www.idhsaa.org

THE VALUE OF ACTIVITIES

By Nayar Baron, Weiser High School

2010 Interscholastic Star

Four years, eight semesters, sixteen quarters, or however long and dramatic people think that high school is, it's actually not bad when students get involved in interscholastic sports/activities. I know that they've impacted my life as well as shaped who I am by teaching me the importance of teamwork, hard work, and character.

The cliché there is no "I" in team actually says it all about teamwork. It takes the effort and contribution of every individual to taste success. Band requires the responsibility and concentration of every student to count, play, and balance their part with the whole ensemble. In basketball whether the opponent is in a half court trap or 2-3 zone, it takes all five players to execute a press break and to score a basket. When selfish pride is put aside in an effort to work as a team, championships are won!

Another essential lesson that I've learned from participating in interscholastic activities is hard work. The competition in interscholastic activities has pushed me to strive physically and mentally to contend. Even though we're a small school, we compete against large schools like Mountain Home and Eagle in Debate. Nevertheless, with hard work and tenacity, it is possible to place in a Debate tournament with over 24 schools. Similarly, it is possible to beat 4A/5A schools in Cross Country. Hard work not only helps in interscholastic activities, but it also benefits in life by helping me strive for a great job, family, and future.

The final, and I think most important, lesson I've learned from participating is the value of character. In interscholastic activities, character builds the foundation of a great individual. Character is seen at the pinnacle during sports when emotions run high. Win, lose, or tie, at the end of the game players pass by and shake hands with their opponents saying "nice hit" or "good shot". Showing respect and being humble are some of the things that make IHSAA activities great. By giving a comment and being kind to others, I can make someone's day better by boosting his self-esteem and self-confidence. Not only that, but I promote good sportsmanship! The value of good character not only is essential in my life now, but will most certainly benefit me in the long run.

Of the many events that have influenced my life, interscholastic activities, by far, have impacted me the most. The experiences that I've enjoyed participating in over the last couple of years have also taught me important lessons. By applying them to the real world, I learned to work hard at life and school as if I were competing, to lend a helping hand to everyone as if they're teammates, as well as accepting responsibility. These lessons don't just benefit my future, but they define who I am. By continuing to participate in these activities, I know that I'll continue to prosper throughout high school and life. They aren't just sports and activities; they're a lifestyle.

IHSAA INDUCTS FOUR INTO HALL OF FAME

The Idaho High School Activities Association's Hall of Fame annually honors individuals who have given many years of exemplary service to Idaho's youth. Four such individuals will be inducted as the Hall of Fame Class of 2010. John C Berry, Rexburg; Alan Gardner, Ririe; Chuck Kinsey, Rathdrum and Mike Matthews, Declo, will be honored at ceremonies during the 31st annual Hall of Fame banquet Wednesday, August 4, 6:30 p.m. at the DoubleTree Riverside Hotel in Boise.

Other awards to be presented at the banquet include the Dick Fleischmann Memorial Award to Joe Morris, Pocatello; the Wes Lowe Memorial Award to Ralph Lowe, Meridian; the Duane D. Wolfe Memorial Award to Donna Kleinkopf, Twin Falls; the Spirit of Sport award to Luke Lish, Marsh Valley High School; and the Official of the Year Award to Charles "Bud" Ford.

Distinguished Service Awards are given by each of six activity districts. This year's recipients are: District I – Terry Gorton; District II – David Neumann; Dist III – Terry Mooney; District IV – Tim Matthews; District V – Irene Alder; District VI – Kim Williams.

Hall of Fame - Class of 2010

John C. Berry, Jr., Rexburg John Berry was instrumental in the advancement of wrestling in eastern Idaho during an illustrious thirty years teaching and coaching at Sugar-Salem High School. Inducted into the National Wrestling Hall of Fame in 2009, John's teams won ten state championships and produced fifty-eight individual champions.

Alan Gardner, Ririe Idaho schools owe a great deal to dedicated educators such as Alan Gardner, an exemplary teacher, football and wrestling coach, and official who retired from Ririe High School in 2007. Alan devoted thirty-nine years to providing quality programs for students, and continues his dedicated service to both District VI and the IHSAA.

Chuck Kinsey, Rathdrum A lifelong educator and advocate of high school activities, Chuck Kinsey retired as superintendent of the Lakeland School District in 2008. During an exemplary thirty-seven year career as a teacher, coach, building and district administrator, Chuck held leadership positions in many professional organizations, including the IHSAA.

Mike Matthews, Declo Mike Matthews retired in 2003, having served Declo schools for thirty-two years as a successful coach and respected administrator. Throughout his career, Mike was dedicated to providing quality experiences for participants of high school activities, and, in retirement, continues to serve students as a board member of the Cassia County School District.

FIVE SCHOOLS ACHIEVE IHSAA "SCHOOLS OF EXCELLENCE" STATUS

The Idaho High School Activities Association has announced the 2009-2010 winners of the "Schools of Excellence" initiative, a year-long, voluntary program in which schools earn points based on their student-athletes' performance in the classroom, at the athletic venue, in activities' competitions and in the area of citizenship and sportsmanship. The participating schools in each classification with the best overall programs will be recognized at the IHSAA Annual Meeting, August 4. These schools will be presented with a plaque, sponsored by the 4th District Coaches Association.

2009-2010 "Schools of Excellence"

5A	Eagle High School	Terry Beck, Principal; Terry Dean, AD
4A	Twin Falls High School	Ben Allen, Principal; Mike Federico, AD
3A	Shelley High School	Dale Clark, Principal; Dave Hadley, AD
2A	Parma High School	David Carson, Principal; Greg Asbury, AD
1A Div I	Challis High School	Jay Stewart, Principal; Linda Zollinger, AD
1A Div II	Greenleaf Friends Academy	Ken Sheldon, Superintendent; Karri Fisk, AD

Exemplary Achievement Status is awarded to schools of each classification that finish second and third in the final point compilation. 2009-10 Exemplary Achievement high schools are: 5A-Centennial, Rocky Mountain; 4A- Bishop Kelly, Pocatello; 3A-Kimberly, Snake River; 2A-Declo, Soda Springs; 1A Div I-Prairie, Cascade; and 1A Div II-Garden Valley, North Gem.

The three major areas of high school activities are weighted equally in determining recipients of the award.

The Academic Component is based on the varsity team's cumulative GPA as submitted on the State Academic Champions application for all IHSAA sponsored sports programs.

The Athletic/Activity Component is based on place of finish at IHSAA-sponsored state championships and activity program competitions.

The Citizenship Component is based on a school's self-evaluation of their citizenship/sportsmanship activities as submitted on an itemized form. Deductions are made by the IHSAA for player and/or coach unsportsmanlike ejections and also for unsportsmanlike school behavior at state tournaments.

In addition to the primary awards, schools that score 90% on the Citizenship Component and have no player/coach ejections or incidents of unsportsmanlike school behavior at state tournaments will receive an "Award of Excellence" certificate. The 2009-2010 Award of Excellence schools are Boise, Coeur d'Alene, Timberline, Shelley, Snake River, Declo, Cascade, Garden Valley, and Greenleaf Friends Academy.

UNITED DAIRYMEN OF IDAHO CONTINUE AS THE OFFICIAL SPONSOR OF STATE CHAMPIONSHIP EVENTS

The IHSAA Board of Directors is very happy to announce the continued sponsorship of the United Dairymen of Idaho as the official sponsor of state championship events. This marks the 27th consecutive year the United Dairymen of Idaho has provided financial assistance for state competition in speech arts and athletics. Their contribution since 1984 is greater than \$3.8 million dollars.

2010 IHSAA ADMINISTRATIVE MEETINGS

General Meeting Covering All New IHSAA Rule Changes For Principals and Athletic Directors
Special Meeting for all New Principals and Athletic Administrators

<u>District</u>	<u>Date</u>	<u>Site</u>	<u>Time</u>	
<u>Dist. I</u>	Sept. 9	North Idaho College	New Principals & A.D.'s 9:00 – 10:30 a.m. All Principals & A.D.'s 10:30 – 11:00 a.m. All Principals & A.D.'s 11:00 – 12:30 p.m.	IHSAA IASA IHSAA
<u>Dist. II</u>	Sept. 8	Lewis/Clark State College Rm 143	New Principals & A.D.'s 9:00 – 10:30 a.m. All Principals & A.D.'s 10:30 – 11:00 a.m. All Principals & A.D.'s 11:00 – 12:30 p.m.	IHSAA IASA IHSAA
<u>Dist. III</u>	Aug. 10	IHSAA Office	New Principals & A.D.'s 9:00 – 10:30 a.m. New Principals & A.D.'s 10:30 – 11:00 a.m.	IHSAA IASA
<u>5A/4A Schools</u>				
Dist. III	Sept. 2	IHSAA Office	All Principals & A.D.'s 7:30 – 9:00 a.m. All Principals & A.D.'s 9:00 – 9:30 a.m.	IHSAA IASA
<u>1A Schools - Longpin</u>				
Dist. III	Sept. 7	Cascade High School	All Principals & A.D.'s 11:00 – 12:30 p.m. All Principals & A.D.'s 12:30 – 1:00 p.m.	IHSAA IASA
<u>1A Schools – WIC</u>				
Dist. III	Sept. 1	Smoky Mtn. Pizza – Nampa	All Principals & A.D.'s 12:30 – 2:00 p.m. All Principals & A.D.'s 2:00 – 2:30 p.m.	IHSAA IASA
<u>3A/2A Schools</u>				
Dist. III	Aug. 11	Fruitland Community Center	All Principals & A.D.'s 10:00 – 11:30 a.m. All Principals & A.D.'s 11:30 – 12:00 p.m.	IHSAA IASA
<u>Dist. IV</u>	Aug. 25	Shilo Inn, Twin Falls	New Principals & A.D.'s 9:00 – 10:30 a.m. All Principals & A.D.'s 10:30 – 11:00 a.m. All Principals & A.D.'s 11:00 – 12:30 p.m.	IHSAA IASA IHSAA
<u>Dist. VI</u>	Aug. 16	Idaho Falls H.S./Library	New Principals & A.D.'s 9:00 – 10:30 a.m. All Principals & A.D.'s 10:30 – 11:00 a.m. All Principals & A.D.'s 11:00 – 12:30 p.m.	IHSAA IASA IHSAA
<u>Dist. V</u>	Aug. 17	Highland High School	New Principals & A.D.'s 9:00 – 10:30 a.m. All Principals & A.D.'s 10:30 – 11:00 a.m. All Principals & A.D.'s 11:00 – 12:30 p.m.	IHSAA IASA IHSAA

SEPTEMBER BOARD OF DIRECTORS MEETING

The September 28, 2010 IHSAA Board meeting will be held in Idaho Falls at the Shilo Inn, 780 Lindsay Blvd, Idaho Falls. You can contact them directly for reservations at either 208-523-0088 or 800-222-2244. There will **NOT** be a football scheduling meeting at this board meeting, it will also be held at the IHSAA office in October.

NATIONAL HIGH SCHOOL ACTIVITIES WEEK

October 10-16, 2010

The Idaho High School Activities Association has supported the National High School Activities Week since its inception in 1980. Idaho students join over 10 million students nationwide in enjoying the benefits derived from participation in athletics, speech arts, music, dance and cheerleading. Activities Week is a perfect time for schools to promote the many positive aspects of extracurricular activities. Each day of the acclaimed week is designed to highlight a specific aspect of high school activities:

National Be a Sport Day Sunday, October 10

A day to encourage awareness and discussion about the importance of sportsmanship, ethics and integrity to the conduct of interscholastic programs.

National Fine Arts Activities Day Monday, October 11

A time to focus on the students, coaches and sponsors involved in fine arts programs.

National Officials Day Tuesday, October 12

A time to salute the approximately 500,000 individuals who serve as contest officials and judges.

National Youth Health Awareness Day Wednesday, October 13

A time to promote education and prevention efforts that encourage healthy lifestyles.

National Coaches/Sponsors/Advisors Day Thursday, October 14

A time to recognize the contributions of high school coaches.

National Fan Appreciation Day Friday, October 15

A time to recognize the spectators who support activity programs throughout the year.

National Community Service/Participation Day Saturday, October 16

A time to give back to your community and show appreciation for their support of your programs. This day also may be used to promote fund raising efforts that support interscholastic programs.

Studies have determined that at a cost of only one to three percent, (less in some cases) of an overall school's budget, high school activity programs are one of the best bargains around. It is in these vital programs where our young people learn lifelong lessons that are every bit as important as those taught in the classroom.

Activities – The Other Half of Education

REMINDERS

FIRST AID/CPR AND CONCUSSION COURSE REQUIREMENTS

IHSAA Rule 3-2 requires all coaches of IHSAA activities must complete a First Aid course with a CPR component from a school district recognized provider. A “recognized provider” is one whose curriculum is similar to the American Red Cross and American Heart Association. New coaches must complete the course during his/her first year of coaching. At no time may a team practice, travel or compete without at least one adult who has met the requirement.

*** **NEW** *** All coaches (includes head, volunteer and assistant coaches of all IHSAA activities) must take the NFHS online concussion course prior to the first day of practice. Volleyball, soccer and football coaches will be allowed to complete the course before the first competition for the 2010 season only. All other activities, the coaches must have completed the course prior to the first day of practice. School shall keep a roster to verify those who have completed the course.

IHSAA FALL SPORTS PRACTICE REQUIREMENTS

A. Fall Sports Model – Football only

During the fall football season, all student-athletes must adhere to the following practice regime:

1. Practice requirements
 - a. Schools may conduct multiple on-field practice sessions but student-athletes shall not engage in more than five hours of on-field practice activities each day.
 - b. Any practice session that is less than two hours in length must have at least two continuous hours of recovery time between the end of the first practice and the start of the next practice that day.
 - c. Each practice session will be a maximum of three hours in length. Any practice that is more than two hours in length must have at least three continuous hours of recovery time between the end of the first practice and the start of the next practice that day.
 - d. During the recovery time, student athletes may not engage in other physical activities (e.g., weight training, conditioning or 7 on 7).
 - e. All practices shall allow for water breaks and general acclimatization to hot and/or humid weather.
 - f. During the first two days of practice, helmets shall be the only piece of protective equipment student-athletes may wear.
 - g. During the next two days of practice, helmets and shoulder pads shall be the only pieces of protective equipment student-athletes may wear.
 - h. Beginning on day five, student-athletes may participate in full pads.
2. Participation in Jamborees/Contests
An individual shall become eligible to participate in a jamboree or interscholastic contest after completing a minimum of ten days of actual on-field practice.

B. Fall Sports Model – Cross Country/Soccer

During the fall sports season, cross country and soccer athletes must adhere to the following practice regime:

1. Schools may conduct multiple on-field practice sessions but student-athletes shall not engage in more than five hours of on-field practice activities each day.
2. Any practice session that is less than two hours in length must have at least two continuous hours of recovery time between the end of the first practice and the start of the next practice that day.
3. Each practice session will be a maximum of three hours in length. Any practice that is more than two hours in length must have at least three continuous hours of recovery time between the end of the first practice and the start of the next practice that day.
4. During the recovery time, student athletes may not engage in other physical activities (e.g., weight training, conditioning or 7 on 7).
5. All practices shall allow for water breaks and general acclimatization to hot and/or humid weather.

NON-SPORT ACTIVITIES INDIVIDUAL ELIGIBILITY REQUIREMENTS

MUSIC

All students who compete in the State Solo Contest are subject to Academic Eligibility Rules 8-1 through 8-1-5.

SPEECH ARTS (Debate, Speech and Drama)

Students who participate in debate, speech and drama, competitions are subject to Rules 8-1 through 8-15, with the exceptions of Rule 8-4, Amateur Status. Non-traditional students – See Rule 8-16.

SPIRIT (Cheer & Dance/Drill)

Cheer

Students who participate in competitive cheer are subject to rules 8-1 through 8-15, with the exception of Rule 8-4, Amateur Status, 8-5 Awards, and Rule 8-11, Outside Competition. Members of cheer teams that do not compete must be regularly enrolled students at the time of participation. Non-traditional students – See Rule 8-16.

Dance/Drill

Students who participate in dance/drill competition are subject to rules 8-1 through 8-15, with the exception of Rule 8-4, Amateur Status, 8-5 Awards, and Rule 8-11, Outside Competition. Members of teams that do not compete must be regularly enrolled students at the time of participation. Non-traditional students – See Rule 8-16.

POSSIBLE VIOLATIONS!!

Principals and athletic directors should take every measure to inform their coaches and athletes of possible rule violations with:

Rule 8-11 Outside Competition

- 8-11-1 Outside competition is defined as a student who competes in organized, non-school contests or events after the starting date of the high school season in that sport, except as provided in Rule 12.
- 8-11-2 Violation of this rule will result in the following:
 - a. The student will be ineligible for the next regularly scheduled contest plus an additional regularly scheduled contest per infraction. Regularly scheduled contests include: season contest, district, and state.
 - b. Infractions will be reported to the District Board of Control, who may levy additional fines or penalties.
- 8-11-3 A second violation during the four years of eligibility by that student of the outside competition rule will result in the following:
 - a. The student will be ineligible for the school team for the remainder of that sports season.
 - b. Additional assessments may be possible.
- 8-11-4 Contests may not be scheduled to create eligibility.

Rule 5-12-2 — Member school teams and individuals are prohibited from scrimmaging or practicing with or against non-high school teams or players, except in the following situations:

- a. Practice is allowed between 9th and 8th grade in a junior high that has an 8-9 configuration.
- b. In the sport of track, high school teams may practice with junior high/middle school teams in the same school district.

2010-2012 GENERAL CLASSIFICATION AND ALIGNMENT

District	5A 1280 & Over	4A 1279-640	3A 639-320	2A 319-160	1A Div. I 159 - 100	1A Div. II 99 & below
I (16)	Coeur d'Alene Lake City Post Falls	Lakeland Sandpoint	Bonnors Ferry Kellogg Priest River St. Maries Timberlake	CdA Charter	Lakeside Wallace	Clark Fork Kootenai Mullan
II (18)	Lewiston	Moscow		Grangeville Kamiah Orofino	Clearwater Valley Deary Genesee Kendrick Lapwai Potlatch Prairie Timberline-W Troy	Culdesac Highland-C Nezperce Summit Academy
III (51)	Boise Borah Caldwell Capital Centennial Eagle Meridian Mountain View Rocky Mountain Timberline-B Vallivue	Bishop Kelly Columbia Emmett Kuna Middleton Mountain Home Nampa Skyview	Fruitland Homedale Parma Payette Weiser	Cole Valley Christian Marsing McCall-Donnelly Melba Nampa Christian New Plymouth North Star Charter Renaissance	Cascade Gem State Academy Greenleaf Friends Horseshoe Bend Idaho Arts Charter Idaho City Liberty Charter Notus Rimrock Riverstone Int'l Victory Charter Wilder	Cambridge Compass Charter (VB, BB, TR) Council Garden Valley Meadows Valley Midvale Salmon River
IV (33)		Burley Canyon Ridge Jerome Minico Twin Falls Wood River	Buhl Filer Kimberly	Declo Gooding Valley Wendell	Glenns Ferry Hagerman Hansen Magic Valley Alt. (Drama only) Oakley Raft River Shoshone	Bliss Camas County Carey Castleford Community School Dietrich ISDB Jackpot, NV (FB only) Lighthouse Christian Magic Valley Christian Murtaugh No. Valley Charter Richfield
V (16)	Highland	Century Pocatello Preston	American Falls Bear Lake Marsh Valley Snake River	Aberdeen Malad Soda Springs West Side	Grace	North Gem Rockland Sho-Ban
VI (22)	Idaho Falls Skyline	Blackfoot Bonneville Hillcrest Madison Rigby Shelley	Salmon South Fremont Sugar-Salem Teton	Butte County Firth North Fremont Ririe West Jefferson	Challis	Clark County Leadore Mackay Taylors Crossing (TR only)
(156)	(18)	(26)	(21)	(25)	(32)	(34)

2010-2011 WRESTLING WEIGHT CERTIFICATION REQUIREMENTS

The IHSAA Wrestling Minimum Weight Certification Program includes three vital components that will ensure the health and safety of each individual wrestler. The three components are:

1. Establishment of healthy wrestling body weight through body composition and hydration. The minimum weight will be based on 7% body fat for males and 12% for females. Should an athlete fall below this level, they shall not be permitted to compete until a medical doctor provides written verification the wrestlers body fat level is naturally below the prescribed percentage and the health of the individual is not compromised by the lower level of body fat composition. This verification from a medical doctor will only be approved by an IHSAA certified weight assessor.
2. Development of a sound, gradual and safe weight-loss plan, which includes nutritional education if weight loss is desired. The maximum weight loss per week shall not exceed 1 1/2% of body weight during the initial descent to the wrestlers certified minimum weight class.
3. Development of a nutritional education program that is directed to the coach, individual wrestler and parent.

The method designated to determine body fat of each wrestler is the use of Bioimpedance, a compact and portable body composition analyzer and scale. This body composition analyzer will be available in each of the six activity districts for use by member schools. The cost of the total Minimum Weight Certification includes a fee of \$2.50 per wrestler plus mileage that will be paid to the certified weight assessor, a fee of \$30.00 per school for membership to the National Wrestling Coaches Association. Each wrestler will be required to be certified by December 4. The window for certification will be October 15 to December 4. During this time period each wrestler will have the opportunity to go through the certification process twice with the same assessor. Individuals who join the wrestling team after December 4 must certify prior to starting practice. All wrestlers must pass the hydration test immediately prior to determining their body fat composition. The use of a refractometer and urine test strips will be the only two methods recognized in testing for hydration.

Every Idaho high school participating in wrestling is a member of the National Wrestling Coaches Association. The membership fee is included in the invoice for member schools' annual dues and fees. This membership will allow access to the web based optimal performance calculator that will determine the lowest allowable weight class for each wrestler. The website will also provide a nutritional education program for wrestlers and parents. To maintain the integrity of the Weight Certification Program a unique password will be assigned to the certified assessor, coaches and student athletes. (Assessors can enter data while coaches/athletes have view access only.)

Once the wrestler is certified and the minimum wrestling weight is determined for the season, the wrestler will be ineligible to wrestle below their certified class. It will be required for the host school of any IHSAA wrestling competition to facilitate the recording of the actual weight of each wrestler from all teams. This documented weigh-in sheet shall be signed by the weigh-in official and copied to those schools involved in the competition. Prior to each competition, coaches will be required to provide the Wrestling Weight Certification Alpha Report to the coach of the opposing school. This report provides specific information for each wrestler, the alpha date weight, body fat, minimum wrestling weight, minimum weight class, and the first date each wrestler will be allowed to wrestle the minimum weight class. An IHSAA Approved Weight Assessor that is someone other than a representative of that school's wrestling coaching staff must certify this report.

After a wrestler reaches and competes at his minimum certified weight class, the individual may return to a higher weight class. While returning to a lower weight class, a wrestler shall not lose more than four pounds from week to week. Once certified, a wrestler may only wrestle up to two weight classes above his certified minimum weight class.

DIRECTORY UPDATE INFORMATION

Directory information is due by August 21. The web-based form for updating your schools information available on our website, idhsaa.org. In order to update your information you will need to use the username and password you setup with the IHSAA. If you are new and are in need of a username/password, or don't remember your information please contact Amanda (quinlana@idhsaa.org) for further instructions. Please note that the information will be imported exactly as you enter it. Please check all spelling, names and numbers for accuracy before using the "update" button. Use upper/lowercase text, and please do **NOT** use the caps lock key. If information is received that is all lower case or all uppercase, an e-mail message or a fax requesting that the information be re-entered correctly will be sent. Please call the IHSAA office if you have any further questions.

CRITERIA FOR HOSTING STATE FOOTBALL CHAMPIONSHIP OR PLAY-OFF GAMES

In the final round, all games will be played at a site determined by the IHSAA Board of Directors. State championship games will be held at Idaho's three university facilities, if possible.

HOME AND VISITING TEAM DESIGNATION

Home team: The team that travels the greatest distance to the site will be designated as the visiting team. The visiting team will be assigned the largest locker room with the most showers and restrooms and will be placed on the same side of the playing field as the press box. If both teams are from the same city, the team with the highest seed will be designated as the home team. Locker room, sideline placement and student sections will be assigned at the discretion of the site manager.

PLAY-OFF SITE REQUIREMENTS

Each District Board of Control must submit a list to the IHSAA of all potential sites that meet the requirements for hosting state football play-offs.

SITE REQUIREMENTS

- A. Adequate parking
- B. Adequate seating for the following classifications:

1A	Home team spectators	200
	Visiting team spectators	150
2A	Home team spectators	400
	Visiting team spectators	200
3A	Home team spectators	600
	Visiting team spectators	250
4A	Home team spectators	800
	Visiting team spectators	300
5A	Home team spectators	1000
	Visiting team spectators	500
- C. Appropriate number of sites for ticket sales.
- D. Football playing field area prepared to meet the existing weather conditions.
- E. Adequate locker rooms with restrooms and showers. Player restrooms shall be separate from spectators'.
- F. Adequate number of restrooms for spectators.
- G. Adequate security to maintain crowd control. Playoff site management shall take necessary measures to prohibit home team fans from being in the visiting spectator area.
- H. The football field playing area shall be secured by a barrier that is at least seven yards from the out-of-bounds line. The barrier may be a fence, rope, or any other material that is not dangerous to spectators. The barrier shall be at a height of at least 36" above the ground. The barrier shall be monitored by game security to prevent any fans or spectators from being closer than seven yards from the out-of-bounds line.

ELIGIBILITY VERIFICATION FORMS

The deadline for filing the fall eligibility verification form is September 17. The forms are available on the web site at idhsaa.org. Please be sure you are using the most current forms.

NATIONAL TEST DATE FOR FOOTBALL, VOLLEYBALL & SOCCER OFFICIALS

The national test date is August 24 for football officials and August 16 for volleyball and soccer officials. All registered officials need to take the test at this time. If unable to make this meeting due to circumstances beyond your control, tests must be taken within two weeks of the above dates. Contact your commissioner for special arrangements.

FALL ACADEMIC STATE CHAMPIONSHIP DEADLINE

The window for filing the fall Academic State Championship for cross country, football, soccer and volleyball is October 1-15. The form for each sport is available on the website, idhsaa.org.

ORDERING ACTIVITY CARDS

Activity cards may be ordered in the following manner:

*In a **word processing program** (not as part of your e-mail message), enter the information as noted, using **SINGLE SPACE**:*

Name of person <ONE tab> Position <ONE tab> Name of School (spelled out) <enter/return>

Name of person <ONE tab> Position <ONE tab> Name of School <enter/return>

Name of person <ONE tab> Position <ONE tab> Name of School <enter/return>

Example:

Mammoth Whale Superintendent Sealland School District

Agnes Octopus Trustee Sealland School District

Percival Mollusk Principal Seaview High School

Wally Walrus Swimming Coach Seaview High School

Sammy Seal Ass't. Swimming Coach Seaview High School

It may not look like it, but there is a tab between each "field". That's how it has to come to import into the data file. If there is more than one tab, it won't work. If a file does not come in this format, you'll receive a reply and a request for the file to be corrected before it can be processed. Please call Cheryl at the IHSAA office if you have any questions.

When your list is completed, save the file as a **text-only**, tab-separated file. Include a PO# with your e-mail message, and send the card list AS AN ATTACHMENT to cherylm@idhsaa.org.

Cards will not be issued if membership dues, fees and catastrophic insurance have not been paid.

Please remember the following guidelines when ordering cards:

IHSAA activity cards are issued to superintendents, school trustees, principals, athletic directors and coaches of athletics and activities. **The above individuals must be working directly with IHSAA sanctioned programs involving students in grades 9-12.** If a school has not paid the \$25 fee for an activity, no individual is eligible to receive an IHSAA activity card for supervision in that activity.

The card is non transferable and admits the holder and one guest to any interschool activity sponsored by the IHSAA or by any member school of the IHSAA. If the card is presented by the spouse of the cardholder, only one person will be admitted. A guest will be admitted only when accompanying the cardholder. The fee for an activity card is \$35 each (must be ordered in writing and signed by authorized school administrator — superintendent, principal, athletic director).

Only one card will be issued to each person. If an individual works at two schools, school districts, or holds two different positions, or any combination of the above, he will only be issued one card.

Misuse of cards: Use of the card is a privilege of the assignee. If at any time a local, district or state contest manager or their designee deems that the privilege has been abused, the card may be confiscated. A confiscated card may be reissued by board action and the condition that the card holder be assessed a \$100 reinstatement fee.

Misuse of issuing cards: Member schools issuing cards to non qualified personnel may lose the privilege to purchase activity cards for one calendar year.

Duplicate cards are \$20 and must be ordered IN WRITING by the superintendent, principal or athletic director.

SEEKING NOMINATIONS FOR 2011 "LEGENDS OF THE GAME"

In an effort to preserve the heritage of Idaho high school athletics by showcasing outstanding teams from the past, the "Legends of the Game" program was established in 2001. Nominations are now being accepted for the 2011 Boys and Girls Basketball "Legends of the Game" award. Nominations must be received in the IHSAA office by September 1 to be considered this year.

Nominations Due September 1

Idaho High School Activities Association

8011 Ustick Rd. Boise, ID 83704

Fax: 208-322-5505 E-mail: admin@idhsaa.org

Boys Basketball _____ *must be from at least 30 years ago*

Girls Basketball _____ *must be from at least 20 years ago*

Nominees

Team / School _____ Year _____

Team Contact _____ Tel _____

Address _____ Email _____
zip

Nominator

Name _____ Tel _____

Address _____ Email _____
zip

Nominating Statement

Please list specific reasons why this team is a Legend (ie. state champions, win-loss record, outstanding player/coach accomplishments, etc.) Attach additional pages if needed.

Additional Information

Please provide any additional information that might be helpful in contacting and/or profiling team members should they be chosen (ie: education, careers, addresses, etc.).

SPORTSMANSHIP T-SHIRTS – AVAILABLE FROM McU SPORTS

Sportsmanship t-shirts are excellent visual reminders that good sportsmanship is important in your school 2010-2011 sportsmanship t-shirts will be available for purchase from McU Sports in Boise.

Please send fall orders directly to McU Sports (attn: Wes Phillips) by September 15.

Mail: 822 W. Jefferson, Boise, ID 83702

Fax: 208-342-8348

Email: mcusports@rmci.net

2010-2011 SPORTSMANSHIP T-SHIRT ORDER

School: _____

Delivery Address: _____

Zip

School Contact: _____

Cost: \$5.00+tax M-L-XL

\$7.00+tax XXL-XXXL

Order #: M _____ XXL _____

L _____ XXXL _____

XL _____

Total Order: # Shirts _____ x \$5.00 + tax = \$ _____

Shirts _____ x \$7.00 + tax = \$ _____

Total Due McU Sports \$ _____

PAYMENT PREFERENCE

_____ Check for \$ _____ is included with order. (Make checks payable to McU Sports)

_____ Please invoice _____ for \$ _____
(school)

Signature _____
Superintendent / Principal / Athletic Director

Fall orders are due September 15 - Delivery will be 10-14 days from order.