



**Idaho High School
Activities Association**
8011 Ustick Rd
Boise, Idaho 83704
(208) 375-7027
Fax: (208) 322-5505
Email: admin@idhsaa.org

Office Staff

Executive Director.....John Billetz
Assistant Director Julie Hammons
Office Manager Cheryl Millington
Administrative SecretaryBarb Collins
Administrative Secretary.....Amanda Quinlan

Board of Directors

Dist. I Jerry Keane, Post Falls SD
Dist. II..... Greg Bailey, Mountain View SD
Dist. III (Vice Pres.) Vic Koshuta, Cascade SD
Dist. IV (Pres.)Kevin Lancaster, Bliss SD
Dist. VBarbara Taylor, Preston SD
Dist. VIBryan Jolley, Shelley SD
ISSARon Bolinger, American Falls SD
IASSPDena Naccarato, Post Falls HS
IAAAJay Darrington, Declo HS
Girls Sports CoachesBeth Holt, Fruitland HS
Boys Sports Coaches Ty Jones, Jerome HS
Music Educators Gary Gemberling, Lewiston HS
Speech Arts CoachesMelinda Schulz, Rocky Mountain HS
School Trustees Brian Duncan, Minico SD
State Dept. of EdNick Smith, Boise

BULLETIN

April, 2011

Contents

The Value of Activities 2
 2010-11 Winter Academic State Champions..... 2
 Mid-Year Schools of Excellence Standings 3
 Spring Sports Limitations 6
 Protective Gym Floor Covers 6
 Attention Administrators: Possible Violations 7
 Softball Rosters and Pictures 7
 Starting Date for 2011 Fall Sports 7
 Reminders for the 2011-12 Sports Seasons 8
 2011-12 IHSAA Approved Calendar 8
 Nominations for 2012 Legends of the Game 9
 2011-12 State Tournament Sites, Dates & Managers 10
 2011 State Debate Results 11
 2011 State Speech Results 12
 IHSAA to Induct Three into Hall of Fame 13
 Healthy Lifestyles 14
COMING EVENTS
 2011 State Golf 15
 2011 State Tennis..... 16
 2011 State Softball 17
 2011 State Track 18
CITIZENSHIP CITATIONS 19

SYNOPSIS OF IHSAA BOARD MEETING

Synopsis of the April Board of Directors meeting is available on the web site: www.idhsaa.org

THE VALUE OF ACTIVITIES
By Megan DeFord, Grangeville High School
2010 Interscholastic Star

IHSAA activities and sports have provided me with many opportunities to grow and expand my horizons. One way is the responsibility of keeping grades up so you can participate in a sport. Also, after a track meet or game you have to be present in school the next day, so you know you have to get homework done and have to be ready to do it all over again the next day. I have more experience now at juggling responsibilities like practice, homework, and a social life, which helps prepare me for the future when I'm juggling work, a family, and a social life. It will also help with prioritizing my life and helping me realize what I really want to accomplish in my life.

In high school sports you really have to be willing to give of your time and really focus hard on that sport, with the most determination and drive possible. When you give all your time and commitment to your sport or school activity, you have a drive that not many others have and you know what it's like to put in hard work. Many teachers have said that their best students are their students that are either in athletics or committed to some other school activity, because those students love their sports and activities so much they know they have to have the grades to participate in them. Later in life I will have that drive to be committed to whatever I end up doing, and doing it to the best of my ability because of all the practice with sports and my other activities like band, Quiz Bowl and student council.

Our band trip to Disneyland required so much practice and preparation, there were many times when all of us wanted to give up, but we wanted to go to Disneyland so bad we knew we couldn't give up. On the way down to Disneyland, with our stop in Fernley, seeing the look on those kid's faces really made all the practice and retakes on our recordings worth it all. The kids really enjoyed the fact that we were taking time to play for them and let them take a look at our instruments. Making these kids happy helped me to see that you can put a smile on anyone's face by doing the slightest things. The skill at making people feel better is crucial and the sooner you learn how to do it will make life much easier.

Interscholastic sports and activities are not only about the competition, but also about the experience. These activities allow me to show who I really am and help me to express myself the best I can. Participating in sports and other school activities has given me the drive to do better in school, in the community, and wherever else I can help. This is one of the most important characteristics in life to have, you cannot get anywhere in life if you do not have any ambition or willingness to challenge yourself.

2010-2011 WINTER ACADEMIC STATE CHAMPIONS

The Idaho High School Activities Association is pleased to announce the 2010-2011 winter sports Academic State Champions. This award is presented to the varsity team of each classification that achieves the highest cumulative grade point average. The IHSAA and its official sponsor, The United Dairymen of Idaho, congratulate these student-athletes for their outstanding academic achievement and commitment to excellence through athletics.

GIRLS BASKETBALL			WRESTLING			BOYS BASKETBALL		
5A	Highland	3.808	5A	Highland	3.222	5A	Eagle	3.708
4A	Shelley	3.779	4A	Bishop Kelly	3.487	4A	Shelley	3.743
3A	Priest River	3.833	3A	Teton	3.211	3A	Fruitland	3.807
2A	Butte County	3.858	2A	Wendell	3.364	2A	Butte County	3.731
1A DI	Oakley	3.861				1A DI	Liberty Charter	3.394
1A DII	North Gem	3.750				1A DII	Tri-Valley	3.627

2010-2011 SCHOOLS OF EXCELLENCE YEAR TO DATE STANDINGS

5A	Fall ACA	Fall ATH	Winter ACA	Winter ATH	Activity ACA	Activity PERF	ACA/ATH Total
Boise	555	445	255	75	360	0	1690
Borah	0	100	0	75	0	0	175
Caldwell	505	0	255	95	175	0	1030
Capital	520	238	255	85	170	85	1353
Centennial	540	350	250	260	600	260	2260
Coeur d'Alene	510	340	255	285	250	75	1715
Eagle	515	340	275	75	605	285	2095
Highland-P	570	310	290	165	585	260	2180
Idaho Falls	530	170	255	75	85	0	1115
Lake City	0	225	260	0	85	75	645
Lewiston	0	150	85	185	85	90	595
Meridian	540	75	255	150	175	150	1345
Mountain View	540	370	260	250	0	250	1670
Post Falls	510	85	235	160	245	150	1385
Rocky Mountain	525	353	265	0	605	265	2013
Skyline	540	75	255	0	90	75	1035
Timberline-B	530	245	275	75	175	165	1465
Vallivue	0	150	250	0	170	0	570

4A	Fall ACA	Fall ATH	Winter ACA	Winter ATH	Activity ACA	Activity PERF	ACA/ATH Total
Bishop Kelly	555	555	275	160	85	100	1730
Blackfoot	495	95	250	95	260	75	1270
Bonneville	505	100	255	0	0	170	1030
Burley	525	75	260	0	170	0	1030
Canyon Ridge	0	0	265	0	85	0	350
Century	540	260	265	75	605	340	2085
Columbia	0	75	0	100	0	165	340
Emmett	0	0	255	0	0	75	330
Hillcrest	525	240	255	0	0	95	1115
Jerome	530	160	265	75	525	165	1720
Kuna	0	150	265	90	170	85	760
Lakeland	0	0	250	0	0	0	250
Madison	540	75	275	100	175	245	1410
Middleton	515	240	255	100	0	0	1110
Minico	520	0	260	150	170	75	1175
Moscow	535	90	255	160	80	0	1120
Mountain Home	180	75	0	75	0	75	405
Nampa	0	0	0	85	0	75	160
Pocatello	535	75	260	75	605	175	1725
Preston	0	245	0	75	85	0	405
Rigby	0	170	265	150	0	75	660
Sandpoint	515	320	250	0	90	185	1360
Shelley	545	88	285	0	525	85	1528
Skyview	535	328	260	95	170	95	1483
Twin Falls	530	345	265	255	595	75	2065
Wood River	0	260	260	95	75	75	765

3A	Fall ACA	Fall ATH	Winter ACA	Winter ATH	Activity ACA	Activity PERF	ACA/ATH Total
American Falls	525	90	255	75	180	185	1310
Bear Lake	295	250	255	0	170	95	1065
Bonnors Ferry	0	330	0	95	0	0	425
Buhl	0	75	175	0	0	0	250
Filer	260	75	175	75	170	175	930
Fruitland	90	250	190	250	0	90	870
Homedale	335	0	250	0	0	0	585
Kellogg	0	0	0	0	0	165	165
Kimberly	360	328	270	75	0	0	1033
Marsh Valley	0	75	90	150	0	0	315
Parma	0	75	0	85	0	0	160
Payette	0	170	0	75	0	170	415
Priest River	0	0	185	245	0	0	430
Salmon	260	95	265	75	0	0	695
Snake River	520	445	245	280	85	75	1650
South Fremont	515	240	255	0	85	85	1180
St. Maries	270	95	180	75	85	0	705
Sugar-Salem	190	245	0	265	85	175	960
Teton	260	260	270	0	0	0	790
Timberlake	95	340	0	95	0	75	605
Weiser	530	238	265	170	440	100	1743

2A	Fall ACA	Fall ATH	Winter ACA	Winter ATH	Activity ACA	Activity PERF	ACA/ATH Total
Aberdeen	0	75	0	0	0	100	175
Butte County	380	75	280	0	85	0	820
Coeur d'Alene Chtr.	0	75	165	0	165	75	480
Cole Valley Christian	0	170	175	0	0	0	345
Declo	515	163	255	185	175	160	1453
Firth	360	180	270	85	170	75	1140
Gooding	0	240	0	0	0	0	240
Grangeville	190	75	175	175	0	0	615
Kamiah	0	75	90	170	0	75	410
Malad	335	95	250	150	170	190	1190
Marsing	90	75	90	75	0	0	330
McCall-Donnelly	535	245	260	150	0	0	1190
Melba	90	0	90	265	170	75	690
Nampa Christian	355	235	175	0	85	0	850
New Plymouth	0	163	0	170	0	90	423
North Fremont	0	0	0	95	0	0	95
North Star Charter	0	0	95	0	0	0	95
Orofino	90	0	0	0	0	85	175
Renaissance	0	0	0	0	0	75	75
Ririe	0	90	0	0	85	75	250
Soda Springs	335	190	250	150	170	150	1245
Valley	0	0	95	75	0	0	170
Wendell	95	100	185	0	0	0	380
West Jefferson	95	100	0	90	0	0	285
West Side	345	270	265	90	170	0	1140

1A DIV I	Fall ACA	Fall ATH	Winter ACA	Winter ATH	Activity ACA	Activity PERF	ACA/ATH Total
Cascade	170	0	170	75			415
Challis	350	200	250	175	265		1240
Clearwater Valley	0	0	90	195			285
Deary	0	0	0	0			0
Gem State	0	0	0	0			0
Genesee	170	95	175	95			535
Glenns Ferry	90	0	90	0			180
Grace	0	95	85	85			265
Greenleaf Friends	260	150	170	75	175	75	905
Hagerman	0	88	0	0	85	75	248
Hansen	0	0	0	0			0
Horseshoe Bend	0	75	0	0			75
Idaho Arts Charter	0	0	0	0		185	185
Idaho City	0	0	0	0			0
Kendrick	90	0	170	0			260
Lakeside	90	75	0	0			165
Lapwai	0	0	0	100			100
Liberty Charter	90	0	190	75			355
Notus	0	75	170	150			395
Oakley	0	0	195	0		100	295
Potlatch	0	75	0	0			75
Prairie	180	88	265	165			698
Raft River	175	75	260	85			595
Rimrock	0	75	0	0			75
Riverstone Int'l	0	0	0	0			0
Shoshone	0	85	0	75	85		245
Timberline-W	0	0	0	0			0
Troy	170	190	85	0			445
Victory Charter	85	0	0	0			85
Wallace	170	75	85	0			330
Wilder	0	0	0	75			75

1A DIV II	Fall ACA	Fall ATH	Winter ACA	Winter ATH	Activity ACA	Activity PERF	ACA/ATH Total
Bliss	0	0	0	0			0
Camas County	90	100	180	0			370
Cambridge	0	75	190	75			340
Carey	0	100	165	100			365
Castleford	185	88	170	75	85		603
Clark County	0	75	0	0			75
Clark Fork	0	0	0	75			75
Community School	0	160	0	0			160
Compass Charter	0	0	0	0			0
Council	0	0	90	0			90
Culdesac	100	0	90	0			190
Dietrich	0	160	0	100			260
Garden Valley	175	185	260	75			695
Highland-C	185	0	80	0			265
ISDB	0	0	0	0			0

1A DIV II cont.	Fall ACA	Fall ATH	Winter ACA	Winter ATH	Activity ACA	Activity PERF	ACA/ATH Total
Kootenai	0	75	0	75			150
Leadore	90	0	170	0			260
Lighthouse Christian	170	0	170	0			340
Mackay	95	150	0	75	90		410
Magic Valley Chr	0	0	0	0			0
Meadows Valley	0	0	0	75			75
Midvale	0	75	190	75			340
Mullan	0	0	0	0			0
Murtaugh	85	0	0	75			160
Nezperce	190	75	180	95			540
North Gem	195	95	185	90			565
Richfield	0	0	0	95			95
Rockland	0	75	85	85			245
Salmon River	170	88	170	90			518
Sho-Ban	0	0	0	0			0
Summit Academy	90	0	190	85			365

SPRING SPORTS LIMITATIONS

Listed below are the spring sports limitations. These limitations are in effect for the 2011 spring sports season. Please insure that your coaches are aware of these limitations.

- Tennis:** No team or individual shall play more than 16 regular season dates. A contestant who exceeds the limitations of regular season participation will become ineligible for district, state or any other additional IHSAA-sponsored tennis competition. Friday after 3:00 pm and continue on Saturday count as one of the allowed dates. A two-day tournament starting prior to 3:00 pm on Friday will be counted as two of the allowed dates.
- Track:** Teams and individuals are limited to eight meets during the regular season, not to exceed two meets per week. A contestant who exceeds these limitations will become ineligible for district, state, or any further IHSAA sponsored track competition.
- Baseball and Softball:** A team or individual is limited to 22 games. A contestant who exceeds the limitations of regular season participation will become ineligible for district, state or any other additional IHSAA sponsored competition of that sport.
- Golf:** No team or individual shall play more than 10 matches per season and may not exceed two matches per week. A match must be completed in one day (with the exception of a weather delay) and consist of no more than 18 holes. A contestant who exceeds the limitations of regular season participation will become ineligible for district, state or any other additional IHSAA sponsored golf competition.

PROTECTIVE GYM FLOOR COVERS

Dunlap Industries has protective gym floor covers available free to schools and parks and recreation departments for the cost of the hem on the outer edge. Protective covers are used to prevent scuffing and damage to gym floors. All shipping costs are free. For more information call Gene Stephan at 530-274-0685. All requests are on a first come first serve basis.

ATTENTION ADMINISTRATORS: POSSIBLE VIOLATIONS

Rules 8-11-1 and 5-12-1

Administrators and athletic directors, please take every measure to inform your coaches and athletes of non-school participation Rule 8-11-1 and contest rule 5-12-1. Every year we have athletes declared ineligible because of violating these rules.

Rule 8-11-1 prohibits the participating in-season athlete from participating in outside athletic contests such as playing in an open golf tournament or in a city league softball or baseball competition.

Rule 5-12-1 prohibits an organized scrimmage or practice of a high school team with or against non high school teams or players. Example: alumni and church softball or baseball teams or players.

Rule 17-2-6 (Revisions approved 4/2011) — Protective Equipment No school-owned uniforms and/or protective equipment may be used without written permission from the IHSAA. With that permission, schools may use their own protective equipment in a camp or clinic for a period of *eleven (11) days* upon written request from the trustees of the school. Included in the request shall be a statement of recognition that IHSAA sponsored catastrophic insurance provides no coverage for the activity and any and all liabilities rest solely with the school, camp, or clinic.

Individual students from a specific school are not required to use the school's protective equipment in the same camp as other team members. Each individual student will only be allowed to use an IHSAA member school's protective equipment by renting or loaning for a period of *eleven (11) consecutive days*. *The follow guidelines will apply: two (2) days with helmets (MANDATORY), two (2) days with helmets and shoulder pads (MANDATORY), seven (7) days in full pads.*

SOFTBALL ROSTERS AND PICTURES

Softball rosters and picture are due into the IHSAA office by May 9. The rosters are to be submitted only via the online interactive form posted on our website, www.idhsaa.org. Do not fax or mail rosters.

Pictures may be mailed through the postal service or e-mailed as TIFF or JPEG images (high quality only, please) to cherylm@idhsaa.org.

STARTING DATES FOR 2011 FALL SPORTS

FOOTBALL: Schools playing the early game in football (August 26) may begin football practice on August 8, after submitting a written waiver request to the IHSAA. All other schools may begin football practice on August 12. Practice requirements for football: Helmets may be worn on the first day. A player must have at least two days of practice without any pads. Shoulder pads may be worn on the third day and full pads may be worn on the fifth day. The day of the first scheduled competition shall not be allowed to count as a practice day in meeting the ten-day practice rule.

SOCCER: The first day of practice for soccer is August 8 with the first allowable date of competition is August 19 if one of the ten days of practice is on Saturday or Sunday. The day of the first scheduled competition shall not be allowed to count as a practice day in meeting the ten-day practice rule.

VOLLEYBALL/CROSS COUNTRY: Practice for volleyball and cross-country may begin on August 12. The first allowable date of competition for volleyball and cross-country is August 24, provided there have been ten days of practice. The day of the first scheduled competition shall not be allowed to count as a practice day in meeting the ten-day practice rule.

REMINDERS FOR THE 2011-2012 SPORTS SEASONS

FIRST AID / CPR COURSE REQUIREMENTS FOR COACHES

Any first time coach of IHSAA activities in grades 9-12 must complete first aid and CPR courses from a school district recognized provider. New coaches must complete the course during his / her first year of coaching. At no time may a team practice, travel or compete without at least one adult who has met the requirement. Schools shall keep a roster to verify who has completed the course.

CONCUSSION COURSE REQUIREMENTS FOR COACHES

All coaches (includes head, assistant and volunteer coaches of all IHSAA activities) must take the NFHS online concussion course prior to the first day of practice. Schools shall keep a roster to verify who has completed the course.

PHYSICALS REQUIRED FOR CHEER AND DANCE/DRILL PARTICIPANTS

All cheerleaders and dance/drill participants must complete a physical examination as outlined in IHSAA Rule 13 prior the first team practice of the season.

FALL SPORTS PRACTICE REQUIREMENTS

Requirements and restrictions for IHSAA fall sports practices are outlined in the IHSAA Rules and Regulations manual on page 63.

2011-12 IHSAA APPROVED CALENDAR

Aug. 10	Hall of Fame Banquet	Jan. 17	IHSAA Board Meeting
Aug. 8	1st FB practice for schools playing 0 week	Feb. 11	Girls District Basketball Completion
Aug. 8	1st Soccer Practice	Feb. 16-18	GBB State Tournament
Aug. 12	1st FB practice w/o pads	Feb. 18	District Wrestling Completion
Aug. 12	1st VB/CC Practice	Feb. 24-25	State Wrestling
Aug. 19	1st Soccer Competition	Feb. 24	1st Spring Sports Practice
Aug. 24	1st VB/CC Competition	Feb. 25	Boys District Basketball Completion
Aug. 26	Early FB game date	Feb. 25	District Debate Completion
Sept. 27	IHSAA Board Meeting	Mar. 1-3	BBB State Tournament
Oct. 15	District Soccer Completion	Mar. 7	1st Spring Sports Competition
Oct. 20-22	State Soccer	Mar. 9-10	State Debate
Oct. 22	District VB/CC Completion	Mar. 16-17	State Dance / Cheer
Oct. 28-29	State Volleyball	Apr. 8	Easter
Oct. 29	State Cross Country	Apr. 4	IHSAA Board Meeting
Oct. 31	1st GBB Practice	Apr. 13-14	State Speech
Nov. 11	1st GBB Competition	Apr. 19-21	All-State Music
Nov. 11	1st BBB Practice	May 5	State Solo Music Contest
Nov. 18-19	Football Milk Bowl	May 12	District TR, GO, SB, Tennis Completion
Nov. 19	District Drama Completion	May 14-15	State Golf
Nov. 14	1st Wrestling Practice	May 17-19	State Track
Nov. 26	1st BBB Competition	May 18-19	State Softball
Dec. 2-3	State Drama	May 18-19	State Tennis
Dec. 6	IHSAA Board Meeting	May 19	Baseball Completion
Dec. 6	1st Wrestling Competition	Jun. 13	IHSAA Board Meeting

SEEKING NOMINATIONS FOR 2012 "LEGENDS OF THE GAME"

Purpose

In an effort to preserve the heritage of Idaho high school athletics by showcasing outstanding teams from the past, the "Legends of the Game" program was established in 2001. Nominations are now being accepted for the 2012 Boys and Girls Basketball "Legends of the Game" award.

Criteria

Boys' Legends must be teams from at least 30 years ago. Girls' Legends must be teams from at least 20 years ago. Teams may be nominated for a variety of accomplishments, including winning a state championship, win-streak, win-loss records, outstanding player/coach accomplishments, etc.

Nominations Due

Nominations for 2012 Legends must be submitted on the official form that can be downloaded from the IHSAA web site www.idhsaa.org. Nominations must be received in the IHSAA office by September 1 to be considered for the 2012 award.

Selection History

Boys Basketball

2001	1950 Nampa Bulldogs
2002	1958 & 1959 Grace Red Devils
2003	1957 Pocatello Indians
2004	1965 Mullan Tigers
2005	1953 Idaho Falls Tigers
2006	1958 Wendell Trojans
2007	1949 Coeur d'Alene Vikings
2008	1946 Preston Indians
2009	1959 Kellogg Wildcats
2010	1947 American Falls Beavers
2011	1948 Lewiston Bengals

Girls Basketball

2001	no award
2002	10 women representing pioneers of girls' sports
2003	1983 Meridian Warriors
2004	1938 & 1939 Hagerman Pirates
2005	1981 & 1982 Moscow Bears
2006	1979 Grangeville Bulldogs
2007	1962 Camas County Musers
2008	1985 Highland Rams
2009	1979 McCall-Donnelly Vandals
2010	1980 Homedale Trojans
2011	1978 Highland Huskies

2011-2012 IHSAA STATE TOURNAMENTS

Dates / Sites / Managers

<u>Event</u>	<u>Date</u>	<u>Site</u>	<u>Manager</u>
<u>Soccer</u>			
5A	October 20 – 22	Eagle / Meridian / Rocky Mountain	Terry Dean
4A	October 20 – 22	Brothers Field, Caldwell	Scott Thomas
3A	October 20 – 22	Vallivue High School	Greg Kimball
<u>Volleyball</u>			
5A	October 28 – 29	Coeur d'Alene High School	Todd Gilkey
4A	October 28 – 29	Post Falls High School	Craig Christensen
3A	October 28 – 29	Lake City High School	Jim Winger
2A	October 28 – 29	Lakeland High School	Trent Derrick
1A DI	October 28 – 29	Lewis/Clark State College	Gary Picone
1A DII	October 28 – 29	Lewiston High School	Tim Sperber
*Site TBD after District Play-ins			
<u>Cross Country</u>	October 29	Eagle Island, Eagle	Tim Severa / Dave Mills
<u>Milk Bowl</u>			
	November 18 – 19	Holt Arena, ISU	George Brown
	November 18 – 19	Kibbie Dome, U of I	Jerry Jaques
	November 18 – 19	Bronco Stadium, BSU	Tol Gropp / Vince Mann
<u>Girls Basketball Real Dairy Shoot Out</u>			
5A	February 16 – 18	Idaho Center, Nampa	Randy Strong
4A	February 16 – 18	Timberline High School	Tol Gropp
3A	February 16 – 18	Middleton High School	TBD
2A	February 16 – 18	Kuna High School	Ron Emry
1A DI	February 16 – 18	Columbia High School	Randy Potter
1A DII	February 16 – 18	Nampa High School	John Gregory
<u>Wrestling</u>	February 24 – 25	Holt Arena, ISU	Joe Morris
<u>Boys Basketball Real Dairy Shoot Out</u>			
5A	March 1 – 3	Idaho Center, Nampa	Doug Standlee
4A	March 1 – 3	Borah High School	Vince Mann
3A	March 1 – 3	Meridian High School	Jeremy Bergquist
2A	March 1 – 3	Capital High School	Steve Sosnowski
1A DI	March 1 – 3	Vallivue High School	Greg Kimball
1A DII	March 1 – 3	Caldwell High School	Scott Thomas
<u>Dance / Cheer</u>	March 16 – 17	Idaho Center, Nampa	Diane Wolf
<u>Golf</u>			
5A	May 14 – 15	Idaho Falls	Kerry Martin
4A	May 14 – 15	Blackfoot	Bryan Flake
3A	May 14 – 15	Rigby	Ted Anderson
2A	May 14 – 15	Pocatello	Robert Parker
<u>Softball</u>			
5A	May 18 – 19	Idaho Falls High School	Kerry Martin
4A	May 18 – 19	Twin Falls High School	Mike Federico
3A	May 18 – 19	Coeur d'Alene High School	Todd Gilkey
2A	May 18 – 19	Blackfoot High School	Bryan Flake
1A	May 18 – 19	Quad, Caldwell	Karri Fisk / Larry Taylor
<u>Track</u>	May 17 – 19 (May 17 & 18 4A/5A – Finals Friday Night) (May 19 1A/2A/3A Finals – Ends approx. 5:30 p.m.)	Boise State University	IHSAA Committee
<u>Tennis</u>			
5A	May 18 – 19	Julia Davis Park	Dan McGee
4A	May 18 – 19	Boise Racquet & Swim Club	Winston Tilzey
3A	May 18 – 19	Vallivue High School	Marci Kiehlman
<u>Speech Arts</u>			
Drama	December 2 – 3	Coeur d'Alene High School	Linda Fry
Debate	March 9 – 10	District III	TBD
Speech	April 13 – 14	District VI	TBD

2011 STATE DEBATE RESULTS
Canyon Ridge High School March 11-12
Tournament Results

Class A

Lincoln-Douglas

1st	David Delyea	Eagle
2nd	Shalese Kofoed	Eagle
3rd(t)	Ryan Harvey	Hillcrest
3rd(t)	Dayton Uttinger	Mountain View
Fin.	Michaela Mason	Madison
Fin.	Erin Bamer	Eagle
Fin.	Jared Hatch	Skyline
Fin.	Deston Riley	Columbia

Policy

1st	Max Johnston / Matthew Wittrock	Highland
2nd	Frank Walline / Michael Rynders	Hillcrest
3rd(t)	Jacob Howell / Eric Agnew	Hillcrest
3rd(t)	Dallas Nan / Jeremy Feldman	Timberline
Fin.	Garner / Vega-Myhre	Capital
Fin.	Philips / Empey	Timberline
Fin.	Burtosky / Fisher	Highland
Fin.	Dyke / Orr	Centennial

Public Forum

1st	Trevor Sato / Harrison Agrusa	Eagle
2nd	Ryan Meier / DJ Albert	Timberline
3rd(t)	Bradley Richards / Parker Stocking	Hillcrest
3rd(t)	Meghan Sanders / Bobby Higley	Idaho Falls
Fin.	Clark / Dyer	Madison
Fin.	Bollinger / Huie	Highland
Fin.	Eaton / Stephenson	Madison
Fin.	Parrish / Carter	Nampa

Class B

Lincoln-Douglas

1st	Tasia Fullmer	Shelley
2nd	Wyatt Caccia	Wood River
3rd(t)	Griffin Morris	Bishop Kelly
3rd(t)	Whitney Erikson	Shelley
Fin.	Brennan Summers	Bonneville
Fin.	Tylie Polatis	Blackfoot
Fin.	Steve Holsinger	Renaissance
Fin.	Matthew Vraspir	Renaissance

Policy

1st	Jakob Meng / Parker Nielson	Bonneville
2nd	Scott Navert / Stephen Friedrich	Bishop Kelly
3rd(t)	Michael Prudhomme / Justin Bott	Blackfoot
3rd(t)	Joshua Garcia / Brittany Clark	Kuna
Fin.	Clarke / Dye	Rigby
Fin.	Goodwin / Burke	Bishop Kelly
Fin.	Fletcher / Howard	South Fremont
Fin.	Wilson / Biggs	Bonneville

Public Forum

1st	Spenser Ririe / Jessica Ririe	Shelley
2nd	David McGonigal / John Langfield	Bishop Kelly
3rd(t)	Tucker Golay / Arthur Hammer	Century
3rd(t)	Dirk Stahlecker / Nate Tolman	Century
Fin.	Sabol / Klitzke	Mountain Home
Fin.	Edlund / Bower	Twin Falls
Fin.	Fullbright / Perry	Skyview
Fin.	Anderson / Smith	North Fremont

2011 STATE SPEECH RESULTS

Lake City High School April 15-16 Tournament Results

TEAM AWARDS

A Schools

- 1st Jerome – Scott Burton, coach
- 2nd Eagle – Megan Todeschi, coach
- 3rd Hillcrest – Amy Walker, coach

B Schools

- 1st Filer – Kristy Forster, coach
 - 2nd Renaissance – Richard Zuercher, coach
 - 3rd Coeur d'Alene Charter – Tracey Vaughan, coach
-

A PANEL EVENTS

Duo Interp

- 1. H Hillier / M Leavitt Jerome
- 2. M Cannon / D Weatherby Skyview
- 3. E Wheatley / J Avila Jerome

Expository

- 1. Marissa Aiken Mtn. Home
- 2. Soren Schmidt Madison
- 3. Riley Parrish Jerome

Extemporaneous

- 1. Max Johnston Highland
- 2. Matthew Wittrock Highland
- 3. David Delyea Eagle

Panel Discussion

- 1. Parker Heisey CDA Charter
- 2. Kaitlyn Lange Mtn. View
- 3. Madeliene Hall Nampa

Radio

- 1. Collin Ruane Coeur d'Alene
- 2. Thomas Crozier Jerome
- 3. Colt Callen Jerome

Retold Story

- 1. Andrea Moreno Jerome
- 2. Jayden Requena Lake City
- 3. Marisela Garcia Columbia

B PANEL EVENTS

After Dinner

- 1. Taylor Stewart Coeur d'Alene
- 2. Brennan Summers Bonneville
- 3. Peyton Reader Coeur d'Alene

Humorous Interp

- 1. Nick Blakeman Hillcrest
- 2. Cameron Bronson Hillcrest
- 3. David Weatherby Skyview

Impromptu

- 1. Riley Parrish Jerome
- 2. Madeline Mae Hanhardt Meridian
- 3. Matthew Wittrock Highland

Oratorical Analysis

- 1. Dallin Mena Jerome
- 2. Sin Yan Amy Lau Renaissance
- 3. Elizabeth Knapp Centennial

Original Oratory

- 1. Melissa Leavitt Jerome
- 2. Marguerite Clemens Hillcrest
- 3. Lizzie Quinley Jerome

Salesmanship

- 1. Tyler Kipp Eagle
- 2. Brennan Neal Eagle
- 3. Laura Porter Mtn. Home

Serious Interp

- 1. Joann King Mtn. Home
- 2. Jessica Brock Coeur d'Alene
- 3. Lauren Ramos Jerome

IHSAA TO INDUCT FOUR INTO HALL OF FAME - 2011

The Idaho High School Activities Association's Hall of Fame annually honors individuals who have given many years of exemplary service to Idaho's youth. Three such individuals will be inducted as the Hall of Fame Class of 2011. Bill Leaf, Cascade, Tim Neville, Hailey and Jim Wilund, Lewiston, will be honored at ceremonies during the 32nd annual Hall of Fame banquet Wednesday, August 10, 6:30 p.m. at the DoubleTree Riverside Hotel in Boise. Ticket information will be posted on the IHSAA website in late April.

Other awards to be presented at the banquet include the Dick Fleischmann Memorial Award to Craig Christensen, Post Falls; the Wes Lowe Memorial Award to Rod Malone, Hazelton; the Duane D. Wolfe Memorial Award to Parker Toyota, Coeur d'Alene; and the Spirit of Sport award to Shane Maland, Lakeland High School. Distinguished Service Awards for each of the six activity districts and Official of the Year will also be presented. Those recipients will be announced at a later date.

Hall of Fame - Class of 2011

William Leaf, Cascade - Bill Leaf spent thirty-two years of his career teaching in the Cascade School District. He was choral and band director at Cascade High School from 1972-1995 as well as the JV basketball coach from 1972-1988 and head track coach from 1972-2004. During that time he was a leader in numerous professional organizations including American Choral Directors Association, Third District Coaches Association and Treasure Valley Music Educators. Bill was named Idaho Principal of the Year in 2001 and received the District III A-4 North Boys Track Coach of the Year an astonishing thirteen times.

Tim Neville, Hailey - Idaho schools owe a great deal to dedicated educators such as Tim Neville, an exemplary teacher and forensics coach who retired from Wood River High School in 2005. Tim devoted thirty-four years to providing quality speech arts programs for his students. He was recognized by the Idaho Speech Arts Teachers Association as the Debate Teacher of the Year four times, the Speech Arts Teacher of the Year in 1997, and a member of the ISATA Hall of Fame in 2003. A role model and mentor for many current speech arts teachers in Idaho, Tim's teams won fifteen District IV Debate titles and nine IHSAA State Debate Championships.

Jim Wilund, Lewiston - A lifelong educator, administrator and advocate of high school activities, Jim Wilund retired as principal of Lewiston High School in 2005. During an exemplary thirty-three year career, Jim has held leadership positions in many professional organizations, including the IEA, IASSP, IASA and District I and II Principals Associations. He was honored as the NFHS Section 8 Distinguished Service Award winner as well as a District I Officials Hall of Fame inductee. Jim has served the IHSAA in numerous positions including serving as the State Basketball Rules Interpreter for thirteen years.

HEALTHY LIFESTYLES

Stress Fractures Hitting High School Athletes

By Alan Mozes *HealthDay Reporter*

Stress fractures linked to overuse may be more common than thought among high school athletes, especially among those who participate in running-related sports, a new study finds.

“The risk is that we’re often dealing with very dedicated athletes who are constantly trying to perfect their performance, and sometimes they overdo it,” said Dr. Letha Y. Griffin, an Atlanta-based team orthopedist at Georgia State University and a staff physician with Peachtree Orthopaedic Clinic. Griffin was not involved with the study. Stress fractures occur when bones face repetitive strain over a long period of time, especially when bones are not given time to heal.

The new study found that risk factors for stress fractures injuries vary by gender, with young female athletes having a heightened risk for fracture at a younger age and lower body mass than male students.

Still, “our study is suggestive that this is a big problem for all student athletes,” said study author Dr. Andrew D. Goodwillie, chief orthopedic resident with the Robert Wood Johnson Medical School at the University of Medicine and Dentistry of New Jersey in New Brunswick, N.J.

“The fact that we picked up so many stress fractures in such a short amount of time, and that we’re finding that there are clear risk associations to the type of training regimens and dietary habits of the student athletes who are experiencing them, indicates that we’re really just hitting the tip of the iceberg in terms of this issue,” he said.

Goodwillie is slated to present the findings on Tuesday at the annual meeting of the American Academy of Orthopaedic Surgeons in San Diego.

Between 2007 and 2010, Goodwillie and his team tracked the frequency and nature of stress fractures among student athletes enrolled at 57 participating high schools.

At each school, athletic trainers were asked to fill out information forms outlining each young athlete’s sport history, skill level, training intensity, dietary routine and fracture details.

Among the 230 fractures in evidence among 189 athletes (74 boys, 115 girls), the tibia (shinbone) was the most likely to be affected, making up nearly half of all cases. Nearly 20 percent of cases involved the metatarsal bones of the feet, while the fibula (smaller bone behind tibia) was affected in 10 percent of fractures, followed by fractures to the pelvic bone, hind foot and femur (thighbone) .

More than half (53 percent) of the fractures were experienced by varsity athletes, the researchers noted. Among male athletes, track was the biggest culprit, accounting for more than a quarter of fractures. This was followed by football (23 percent), and cross-country (19 percent).

Among female athletes, track was also the number one source for fractures (28 percent), trailed by cross-country (23 percent).

Gender differences emerged. Boys tended to get injured at a slighter older age than girls, and at a higher body-mass index, the study found. And while boys undertook more intense weight-lifting routines, they also tended to sleep more than their female counterparts, giving bones more time to heal.

“Although there hasn’t been anything out there before that specifically looked at athletes under the age of 18, these findings definitely go along with the adult data we have,” Goodwillie noted. “Basically, the fractures we see are related to running sports like cross-country, track and field, basketball and soccer, in both males and females. You don’t see it in sports such as wrestling and swimming, the non-impact type sports.”

According to Griffin, “the general message here is that fractures can occur with frequency in all high school athletes.” She believes that “the focus should be on helping kids think about what they need to do to be the best at their sport and perform maximally, rather than by warning them that they might get a stress fracture. Because frankly, young people are never going to think that it’s going to happen to them.”

“So, first I would tell them that if they don’t get enough rest they won’t get the time at night to repair the tissue damage that occurs during the day,” Griffin advised. “And they need to do that to be good at their sport, and also not to be injured.”

“They also need to eat properly,” she added. “You can’t run a car on no gas. Specifically, I would tell them that they need calcium, because they’re building up bone density during the teenage years, up until the age of 25. Drink skim milk if you’re worried about calories. And they need sunshine, so they can get vitamin D [made when sunlight hits the skin] to incorporate into the bones.”

“Basically,” said Griffin, “many of the good things that momma always told you are key, if you really want to be good at your sport and stay healthy.”

Posted February 15, 2011; www.news.health.com

COMING EVENTS

2011 STATE GOLF

May 16 – 17

TOURNAMENT SITES / MANAGERS

5A:	Shadow Valley GC, Eagle	Jon Watson, AD, Centennial HS
4A:	Centennial GC, Nampa	John Gregory, AD, Nampa HS
3A:	Scotch Pines GC, Payette	Beth Holt/Bob Dixon, AD, Fruitland/Payette HS
2A:	Lakeview GC, Meridian	Tina Pelkey, AD, Nampa Christian HS

IHSAA Administrator: Julie Hammons, Boise 375-7027 Email: admin@idhsaa.org

REPRESENTATION

Representation from district to state is based on the number of complete teams that actually participate at the district tournament. Representation for each district or regional tournament to state competition will be determined as follows:

<u>Teams In District Competition</u>	<u>Teams to State</u>
1-3	1
4-6	2
7-9	3
10-over	4

If only one team participates in a district, contact the IHSAA to determine qualifying procedures.

NEW In the 5A classification, the next best team from the district hosting State will qualify.

INDIVIDUAL QUALIFIERS

Individual Qualifiers Individuals may qualify for the state tournament in a number equal to the number of complete teams participating in the district tournament. Ex: Four complete teams compete at district - the four lowest scoring individuals qualify for State. If a tie exists in the final qualifying position, both individuals will advance.

Honest Effort A golfer who starts, but does not finish, the district tournament, may be counted in determining the number of qualifying teams and individuals provided the manager determines that an honest effort was made and that the non-finish was due to circumstances beyond the golfer's control.

STATE TOURNAMENT FORMAT

All Classifications All teams and individuals will play 36 holes.

TEAM SCORING

Each school may enter five players, but the total strokes of four players will determine the team score. Final team scores will be a combined 36-hole score.

STARTING TIMES

All play will begin at 8:00 a.m.

2011 STATE TENNIS

Boise & Caldwell

May 20 – 21

SITES / MANAGERS

- 5A** Boise Racquet & Swim Club, 1116 N. Cole Rd., Boise
Capital High School, 8055 Goddard, Boise
Borah High School, 6001 Cassia, Boise
Manager: Dan McGee / Barbara Chandler, Boise
- 4A** Timberline High School, 701 Boise Ave., Boise
East Junior High School, 5600 Warm Springs Ave., Boise
Appleton Tennis Complex, Boise State University campus
Manager: Winston Tilzey, Caldwell
- 3A** Vallivue High School, 1407 Homedale Rd., Caldwell
Caldwell High School, 3401 S. Indiana, Caldwell
Manager: Marci Kiehlman, Nampa

IHSAA Administrator: Julie Hammons, 375-7027

PRE-TOURNAMENT COACHES MEETING

It is important that all schools be represented at the pre-tournament coaches meeting. Team packets will be distributed at the meeting. The Tennis Coaches' Association will hold a business meeting following the pre-tournament meeting.

Date: Thursday, May 19, 2011
Time: 6:30 p.m.
Place: IHSAA Office, 8011 Ustick Rd., Boise

2011 REPRESENTATION

<u>5A</u>		<u>4A</u>		<u>3A (12-team draw)</u>	
<i>Dist. I-II</i>	3	<i>Dist I-II</i>	2	<i>Dist. I-II</i>	4
<i>Dist. III</i>	10*	<i>Dist III</i>	5	<i>Dist III</i>	5
<i>Dist IV-V-VI</i>	3	<i>Dist IV</i>	4	<i>Dist IV-V-VI</i>	3
		<i>Dist V</i>	2		
		<i>Dist. VI</i>	3		

*Rotating Rep

TOURNAMENT SCHEDULE

Play will begin at 8:00 a.m. both days. (First call: 7:45) All matches will be assigned approximate times. First round matches are scheduled as follows:

- 5A-BRSC: Boys Singles, 8:00 a.m.; Girls Singles, 9:30 a.m.; Mixed Doubles, 11:00 a.m.
4A-Timberline: Boys Doubles, 8:00 a.m.; Girls Doubles, 9:30 a.m.; Mixed Doubles, 11:00 a.m.
5A & 4A other sites: Top half of bracket, 8:00 a.m.; Bottom half of bracket, 9:30 a.m.
3A-Vallivue HS: Boys Singles, 8:00 a.m.; Girls Singles, 8:00 a.m.; Girls Doubles, 9:30 a.m.
3A-Caldwell HS: Boys Doubles, 8:00 a.m.; Mixed Doubles, 9:30 a.m.

Saturday: Championship Matches will begin at approximately 2:00 p.m.

2011 STATE SOFTBALL

May 20 – 21

TOURNAMENT SITES / MANAGERS

5A Site: Post Falls H.S.
Manager: Craig Christensen
2832 E Poleline Road
Post Falls 83854
Ph: 773-0581 x 6314

4A Site: Ramsey Park, Coeur d'Alene
Manager: Todd Gilkey, Coeur d'Alene H.S.
N 5530 4th Street
Coeur d'Alene 83815
Ph: 667-4500

3A Site: Ward Field, Pocatello
Manager: Robert Parker, Pocatello HS
325 N Arthur
Pocatello 83204
Ph: 233-2056

2A Site: Orofino H.S.
Manager: Jerry Uhling
300 Dunlap Road
Orofino 83544
Ph: 476-5557

1A Site: Airport Park, Lewiston
Manager: Travis Mader/Kelly Caldwell
Prairie HS / Genesee HS
Travis: 962-3901 x 25
Kelly: 285-1162 x 203

IHSAA Administrator: John Billetz

5A/4A/3A/2A TIME SCHEDULE

All Times are Local Time

FRIDAY

Session 1

Game 1 10:00 a.m.
Game 2 10:00 a.m.
Game 3 12:00 p.m.
Game 4 12:00 p.m.

Break

Session 2

Game 5 3:00 p.m.
Game 6 3:00 p.m.
Game 7 5:00 p.m.
Game 8 5:00 p.m.

SATURDAY

Session 3

Game 9 11:00 a.m.
Game 10 11:00 a.m.
Game 11 1:00 p.m.

1A TIME SCHEDULE

All Times are Local Times

FRIDAY

Session 1

Game 1 12:00 p.m.
Game 2 12:00 p.m.
Game 3 3:00 p.m.
Game 4 3:00 p.m.

SATURDAY

Session 2

Game 5 10:00 a.m.
Game 6 12:00 p.m.
Game 7 (if needed) 2:00 p.m.

ADMISSION

5A/4A/3A/2A

Tournament Pass - General	\$18.00
Tournament Pass - Discount	\$10.00
General Admission -Friday	\$ 6.00 / session
General Admission - Saturday	\$ 7.00
Discount admission - Friday & Saturday	\$ 5.00 / session

1A

General Admission - Friday	\$ 6.00
General Admission - Saturday	\$ 7.00
Discount admission - Friday & Saturday	\$ 5.00

Senior Citizens, children in grades 1-6 and students in grades 7-12 with school activity card may purchase discount admission. Children under 6 will be admitted free.

2011 STATE TRACK SCHEDULE OF EVENTS

Boise State University - May 19, 20 and 21

Thursday, May 19

4:00 p.m. **Medley and 4x800 Relay FINALS** (4A Girls; 4A Boys; 5A Girls; 5A Boys)

5:15 p.m. **5A & 4A Prelims**

100 Meter Hurdles: 5A Girls, 4A Girls

110 Meter Hurdles: 5A Boys, 4A Boys

100 Meter Dash: 5A Girls & Boys; 4A Girls & Boys

400 Meter Dash: 5A Girls & Boys; 4A Girls & Boys

300 Meter Hurdles: 5A Girls; 4A Girls; 5A Boys; 4A Boys

200 Meter Dash: 5A Girls; 4A Girls; 5A Boys; 4A Boys

3200 M Run FINAL (5A Girls; 4A Girls; 5A Boys; 4A Boys)

Field Events

	<u>Pit I</u>	<u>Pit II</u>	<u>Pit III</u>	<u>Pit IV</u>	<u>High Jump 1</u>	<u>High Jump 2</u>	<u>Discus 1</u>	<u>Discus 2</u>	<u>Shot Put 1</u>	<u>Shot Put 2</u>	<u>Pole Vault 1</u>	<u>Pole Vault 2</u>
THURSDAY												
3:00 p.m.	4A BTJ	4A GTJ	5A GTJ	5A BTJ			4A G	5A B	4A B	5A G	4A G	4A B
5:00 p.m.					4A B	4A G	5A G	4A B	5A B	4A G		
6:00 p.m.											5A G	5A B
FRIDAY												
9:00 a.m.	3A BTJ	3A GTJ	2A GTJ	2A BTJ	1A B	1A G	3A G	2A B	3A B	2A G	2A B	2A G
10:30 a.m.	1A BTJ	1A GTJ	2A BLJ	2A GLJ	5A B	5A G	2A G	1A B	2A B	1A G		
12:00 p.m.	4A BLJ	4A GLJ	5A BLJ	5A GLJ	3A B	3A G					3A B	3A G
1:00 p.m.							1A G	3A B	1A B	3AG		
5:30 p.m.											1A B	1A G
SATURDAY												
8:30 a.m.	3A BLJ	3A GLJ	1A BLJ	1A GLJ	2A B	2A G						

Track Events

Friday, May 20

9:30 a.m.

3200 M Run (3A Girls/Boys; 2A Girls/Boys; 1A Girls/Boys)

11:30 a.m. **3A, 2A, 1A Prelims**

100 Meter Hurdles: 3A Girls, 2A Girls, 1A Girls

110 Meter Hurdles: 3A Boys, 2A Boys, 1A Boys

100 Meter Dash: 3A Girl/Boys; 2A Girls/Boys; 1A Girls/Boys

400 Meter Dash : 3A Girls/Boys; 2A Girls/Boys; 1A Girls/Boys

300 Meter Hurdles: 3A/2A/1A Girls; 3A/2A/1A Boys

200 Meter Dash: 3A/2A/1A Girls; 3A/2A/1A Boys

Medley Relay FINAL (3A, 2A, 1A Girls; 3A, 2A, 1A Boys)

4:45 p.m.

Parade of Athletes

5:30 p.m.

5A & 4A Finals

100 Meter Hurdles: 5A Girls, 4A Girls

110 Meter Hurdles: 5A Boys, 4A Boys

4 x 200 Relay: 5A Girls, 5A Boys; 4A Girls, 4A Boys

100 Meter Dash: 5A Girls, 5A Boys; 4A Girls, 4A Boys

800 Meter Run: 5A Girls, 5A Boys; 4A Girls, 4A Boys

4 x 100 Relay: 5A Girls, 5A Boys; 4A Girls, 4A Boys

400 Meter Dash: 5A Girls, 5A Boys; 4A Girls, 4A Boys

Break

300 Meter Hurdles: 5A/4AGirls; 5A/4A Boys

200 Meter Dash: 5A Girls, 5A Boys; 4A Girls, 4A Boys

1600 Meter Run: 5A Girls, 5A Boys; 4A Girls, 4A Boys

4 x 400 Relay: 5A Girls, 5A Boys; 4A Girls, 4A Boys

Team Awards

Saturday, May 21

10:30 a.m.

3A, 2A and 1A Finals

100 Meter Hurdles: 3A, 2A, 1A Girls

110 Meter Hurdles: 3A, 2A, 1A Boys

4 x 200 Relay: 3A Girls/Boys; 2A Girls/Boys; 1A Girls/Boys

100 Meter Dash: 3A Girls/Boys; 2A Girls/Boys; 1A Girls/Boys

800 Meter Run: 3A Girls/Boys; 2A Girls/Boys; 1A Girls/Boys

4 x 100 Relay: 3A Girls/Boys; 2A Girls/Boys; 1A Girls/Boys

400 Meter Dash: 3A Girls/Boys; 2A Girls/Boys; 1A Girls/Boys

Break

300 Meter Hurdles: 3A, 2A, 1A Girls; 3A, 2A, 1A Boys

200 Meter Dash: 3A Girls/Boys; 2A Girls/Boys; 1A Girls/Boys

1600 Meter Run: 3A Girls/Boys; 2A Girls/Boys; 1A Girls/Boys

4 x 400 Relay: 3A Girls/Boys; 2A Girls/Boys; 1A Girls/Boys

Team Awards

ADMISSION

General Admission: \$5.00 per day

Discount Admission: \$4.00 per day

(senior citizens, students in grades 1-6 and students in grades 7-12 with an activity card may purchase the discount tickets and passes)

CITIZENSHIP CITATIONS

Boise

Davin Addison
Duvonte Boatman
Natasha Dacic
Farrah Fisher
Alexandra Hardesty
Jaren Kahoiwai
Logan Larsen
Aleah Lowber
Tyler Moore
Rome Rea
Nicholas Roman
Madelon Roser
Johann Simpson
Benjamin White
Cameron Wilcock

Centennial

Morgan Miller
Meghan Ohsiek
Laura Mercier
Adam Ingersoll
Faruk Huskic
Zack Gutches
Trevor Smith
Sherise Porchia
Jessica Rutter
Jennie Majors
Paige Spraker
Logan Blackwood
Kamran Zabitov
Jace Johnson
Austin Baum

Rockland

Carisa Robinson
Alecia Lee
Dalton Duba
Matt Nelson
Brandt Munk

Sugar-Salem

Jill Schlegelmilch
Rachel Lines
Nathan May
Joseph Sevy
Georgia Brown
Ben Barrus
McKall Miller
Kimber Choffin
Lad Spakeman
Wilson Rydalch
Jaren Bean
Garrett Wood